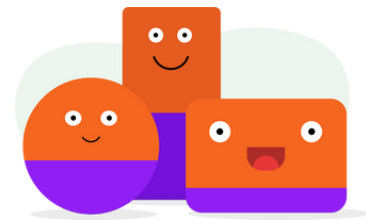


Young Carers
Bedford Borough



Young Carers Bulletin

April - June 2025

Young Carer Updates



We're **still** here! You may have already noticed some changes to Young Carers. We're proud to launch Young Carers Bedford Borough! We're still the same dedicated team and service, but with our own name and logo to help us stand out! We have a new website for children and young people who help care for a loved one within Bedford Borough.

Our "We Are Here" launch campaign is live and you can help too.

Many Young Carers don't realise they are Carers.

Many families don't know that support is available.

That's why we want everyone to know: We Are Here!

www.youngcarersbedford.com

Please help us spread the word. You can help a Young Carer feel seen and supported.

Young Carers Bedford Borough. We Are Here.

This service is funded by Bedford Borough Council, and we thank them for their support of Young Carers in our community.

Young Carers Action Day 2025

On the 12th March we had an amazing time celebrating the incredible Young Carers across Bedford Borough!

With support from Mayor Tom Wootton and local schools, we came together to recognise, support, and celebrate these inspiring young people. From special breakfasts to lunchtime celebrations, Young Carers had a well-deserved break - a moment to feel valued and reminded that they are never alone. A massive thank you to Wootton Primary School, Daubeney Academy, and Caudwell Primary School for making this day so special. Your support means everything!



What we've been up to




Young Carers have been enjoying some absolutely amazing activities lately! From adrenaline-packed adventures like Nerf Zone battles, rock climbing, and mini golf to unforgettable experiences like watching The Lion King musical. They've even explored Whipsnade Zoo and spent time at the Grafham Water Residential, making memories that'll last a lifetime. There's never a dull moment in their journey!

A special thanks to all our funders and donations that have helped us to be able to put these fantastic events on for our young carers.

Coming Up

Here's what's coming your way:

- 🎪 Soft Play Saturdays (for 4–8 year olds): Get ready to bounce, climb, and slide into fun on 12th April, 10th May, and 14th June! 🤹 🎈
- 🤝 Joint Thursday Club (for 4–17 year olds): Join us for games, laughs, and good vibes on 15th May and 19th June! 🥳 🙌
- 🏌️ Landmark Mini Golf & Lunch: Tee off and show your skills on 10th April -fun and food, what's not to love? 🍔 🎯
- 🎮 Minecraft Movie Cinema Trip: Level up with a big-screen adventure on 17th April! 🎮 🍿
- 👨🍳 6-Week Family Cooking Course (starting 23rd April): Cook up a storm and bond with family (excluding school holidays). 🍳 ❤️
- 🧸 Build-a-Bear Soft Play Party: Create your own cuddly buddy - 29th May! 🧸 🎁
- 🗡️ Lazer World Party: Suit up and get ready for an epic showdown - 29th May! 🌟 🚀
- 🎬 Lilo & Stitch Cinema Trip: a story of 'ohana, laughter, and wild antics! 🍿 - 30th May

Mark your calendars  and let the fun begin! 🔥 Some events might be fully booked, but we have a waiting list and will contact you if a place becomes available. 📞 Please note, there may be a small cost between £5 and £20 for some of the events. 📅 Ready to join the adventure? Let's go! 🚀

Can You Help?

🚗 Can you help a young carer get to clubs and events? 🚗

Some young carers in our community struggle to get to our clubs and events, and a lift from a friendly face could make all the difference! If you have a car and a little time, we'd love to hear from you. 💜

Email hi@youngcarersbedford.com to find out more!