

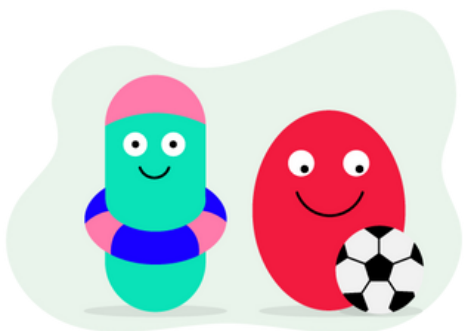


Young Carers
Bedford Borough

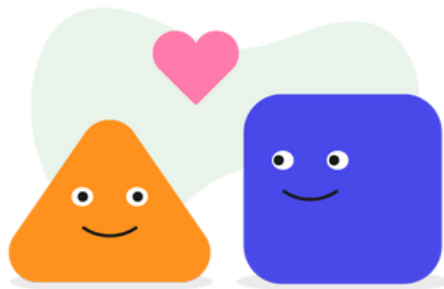
Young Carer Support

Do you care for a loved one at home?

Things you may do as a Young Carer:



Help someone to
go out and about



Help out with tasks
at home



Help someone
when they're down

If you think you're a Young Carer, speak
to your parents or teachers

Scan the QR code to register as a Young Carer today!



Find us on social media:
@youngcarersbedford



SCAN ME



Call the team:
0300 111 1919



Email the team:
hi@youngcarersbedford

