

Young Carers Bulletin

January - March 2025

Young Carer Updates

📢 Hey awesome young carers! 📢

Mark your calendars for Young Carers Action Day 2025 on Wednesday, 12th March! This year's theme is "Give Me A Break", and guess what? Thanks to Carers Trust, we've scored some

funding for a super fun day out at Whipsnade Zoo on Saturday, 15th March! 🦁

🐭🐧 Ready to hang out with some cool animals and have an epic time? 🐘

Keep an eye on our What's On for registration to open! 🦋

Don't miss out on this wild adventure!



CARERS TRUST
ANNOUNCEMENT

Theme for Young Carers
Action Day 2025:
GIVE ME A BREAK

SAVE THE DATE

Weds 12th March

Join Young Carers Action Day at school by sharing your experience, helping improve support, and fundraising. Check out Carers Trust's [YCAD 2025 Resources](#) for more ideas.

We're also running our "I do that too!" campaign on social media, highlighting the grown-up tasks Young Carers often do. Got ideas or want to join? Email us at communications@carersinbeds.org.uk!

✉️ Let's make a difference together! ☀️

2025 School Census

The school census gathers info about students' backgrounds, educational needs, absences, exclusions, and even cases like children in care, armed forces kids, and young carers! This helps schools level up and give everyone the support they need. 🎓 Since January 2023, young carers are included in the census, thanks to the amazing work of Carers Trust and other charities! 🏆 So, if you're a young carer, let your school know. They can support you better if they're in the loop. 📢 Want to learn more? Dive into the details [here](#) and discover how the school census can make a difference! 📖



What we've been up to

Guess what? We've had some epic adventures recently:

- We braved the spooky London Dungeon 🦇
- Explored the underwater wonders of the London Aquarium 🐟
- Cruised down the Thames like VIPs 🚤
- Had a blast with Toby's Tall Tales during the Halloween special 🎃
- Cheered for England vs. Republic of Ireland at Wembley Stadium ⚽
- Set tiles on fire (safely!) with the Science Hub 🔥
- Watched the magical Snow White Pantomime at Bedford Corn Exchange 🎭



Stay tuned for more fun! 🎉

A special thanks to all our funders and donations that have helped us to be able to put these fantastic events on for our young carers.

Coming Up

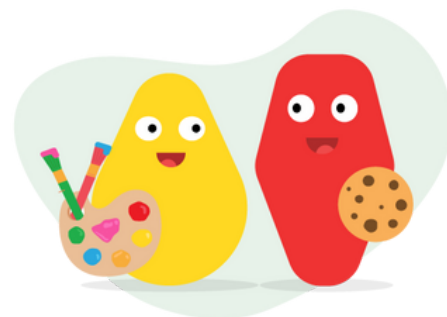
Get ready for some awesome upcoming events:

- 🎯 Nerf Zone (ages 4-17) - 25th January: Get your Nerf blasters ready for an epic battle!
- 🧸 Soft Play (ages 4-8) - 8th February & 8th March: Climb, slide, and play to your heart's content!
- 🧗 Rushden Lakes Rock Climbing & Mini Golf - 17th February: Conquer the rock wall and hit a hole-in-one!
- 🎭 The Lion King, London - 19th February: Experience the magic of the savannah on stage!
- 🦁 Whipsnade Zoo - 15th March: Meet amazing animals from around the world!
- 🌊 Graftham Water Weekend Residential - 28th-30th March: Enjoy a weekend of water adventures and fun!

Some events might be fully booked, but we have a waiting list and will contact you if a place becomes available. ☎️

Please note, there may be a small cost between £5 and £20 for some of the events. 💷

Ready to join the adventure? [Let's go!](#) 🚀



Outside Young Carers

We've got some cool stuff from other agencies and events that you might love! Check out what's happening outside of Carers in Bedfordshire:

- [Sense](#) supports young carers and siblings of disabled people with fun activities like book clubs, arts and crafts, and wellbeing sessions, both online and in-person. 🎨

And don't forget, you can find loads of information on our website [here](#)! If you need to reach out, just drop us an email at young.team@carersinbeds.org.uk or give us a call on 0300 111 1919. ☎️